

MUTUAL OF OMAHA **BREAKout!** SWIM CLINIC

DREAM it. BELIEVE it. BREAKout!

Sign up for the Mutual of Omaha **BREAKout!** Swim Clinic Hosted by:
GREAT ILLINOIS SWIMMERS

A total-person approach to swimming, a **BREAKout!** Swim Clinic can help you bust bad habits, **build new skills** and uncover hidden talent.

Every participant:

- ✗ Learns champion performance techniques on all four strokes (in-water and dry-land group instruction)
- ✗ Understands how the body, mind and heart affect swimming
- ✗ Trains with the world's top swimmers
- ✗ Asks questions, gets an autograph and photo
- ✗ Receives a **BREAKout!** T-shirt, poster, DVDs and other souvenirs

For details, visit breakoutswimclinic.com.

Parents and coaches can watch!

Event Information

Sunday, October 23, 2011

Andrew High School

9001 W. 171st Street, Tinley Park, IL 60487

2:00PM to 6:00 PM Check in begins at 1:00PM

Cost: \$65.00

For more information: Heather Murphy

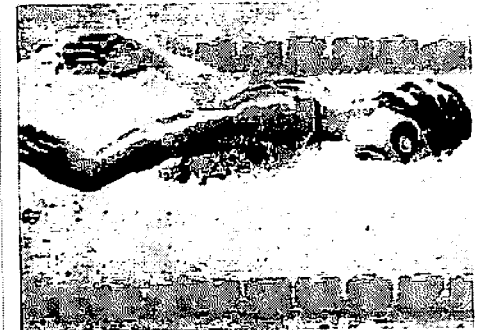
call: 708-614-1436 email: jerandhed@comcast.net

Featuring



Gold Medalist

Josh Davis



Gold Medalist

Christine Magnuson

Registration Form Mutual of Omaha BREAKout! Swim Clinic

Great Illinois Swimmers

Contact Heather to reserve your spot TODAY! Space is limited!

Name _____

Address _____

City/State/ZIP _____

Birthday _____ Age _____

E-mail Address _____

Signature of Parent or Guardian _____

Date _____

Register Today!

REGISTER BY Oct. 1st

Make checks payable & mail to:

GILLS

c/o Heather Murphy

17936 Emily Ct.

Tinley Park, IL 60477

By participating in the Mutual of Omaha BREAKout! Swim Clinic, each participant and his/her parent/guardian agree that the Mutual of Omaha BREAKout! Swim Clinic and Mutual of Omaha have the right to use their images in connection with the promotion of the Mutual of Omaha BREAKout! Swim Clinic and/or the sport of swimming.

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