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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Akhnoukh, Virina</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	56.44							1:13.64								
G.ILL.S vs LWSA-12/22/09	Dec-22-09	x58.04							1:09.67								
G.ILL.S vs HF-11/16/09	Nov-16-09														2:30.01		
G.ILL.S vs POSA - 11/12/2009	Nov-12-09								1:16.68								
G.ILL.S vs RASC - 11/05/2009	Nov-05-09	1:00.77							1:15.89								
PASS vs. GILS	Oct-15-09								1:26.99			1:28.89					

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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Allen, Danielle</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		2:06.38					2:40.52		2:05.46				4:36.87			
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09							2:23.45						4:16.15			
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	51.36						2:15.38				2:29.29					
PASS vs. GILS	Oct-15-09									2:02.34							









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**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Baumgartner, Kelly</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:01.88					1:13.38		1:29.66		1:15.47		2:36.50			



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### Seasonal Spreadsheet Report

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Boutros, Charles</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:00.78					1:12.82		1:14.76		1:14.67		2:39.30			
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09		x57.57							x1:14.84							
North Aquatics Club Tri Meet	Oct-22-09									1:13.31							

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Brandt, Madison</b>		<b>25 Free</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>25 Back</b>	<b>50 Back</b>	<b>100 Back</b>	<b>25 Breast</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>25 Fly</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>100 IM</b>	<b>200 IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10	24.32							31.65									
G.ILL.S vs LWSA-12/22/09	Dec-22-09	x27.83							33.16									
NAC vs GILLS	Dec-17-09	x26.34							32.60									
9th Annual LWSA Holiday Splash	Dec-11-09	25.08					1:14.97											
G.ILL.S 2009 Pentathlon	Nov-21-09	25.32	58.37			30.22			35.53									
G.ILL.S vs HF-11/16/09	Nov-16-09											28.29						
G.ILL.S vs POSA - 11/12/2009	Nov-12-09	x26.02							35.09									
G.ILL.S vs RASC - 11/05/2009	Nov-05-09	27.28							36.09									
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	25.88				30.01						29.24						









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### Seasonal Spreadsheet Report

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Carter, Madison</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>400</b>
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>	<b>IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	41.55							52.37								
NAC vs GILLS	Dec-17-09	x43.84							x51.93								
G.ILLS 2009 Pentathlon	Nov-21-09	42.53				46.69			51.30								
G.ILLS vs HF-11/16/09	Nov-16-09								x54.02			47.53					
G.ILLS vs POSA - 11/12/2009	Nov-12-09	x41.60							x53.61						1:43.54		
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	41.24				48.94			49.38			43.57					
PASS vs. GILS	Oct-15-09	x42.17				48.56									1:44.32		







**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Cox, Santeh</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSVs BBSC 01-14-10	Jan-14-10	34.59										43.09					
G.ILL.S vs LWSA-12/22/09	Dec-22-09	35.30										43.12					
NAC vs GILLS	Dec-17-09	33.49										40.99					
G.ILL.S 2009 Pentathlon	Nov-21-09	33.57				42.79						42.28			1:43.13		
G.ILL.S vs HF-11/16/09	Nov-16-09	33.57				45.71											
G.ILL.S vs POSA - 11/12/2009	Nov-12-09	33.30										44.07					
G.ILL.S vs RASC - 11/05/2009	Nov-05-09	35.48										42.50					
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	34.74				43.76						41.19					
PASS vs. GILS	Oct-15-09	33.70										44.44					















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**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Fisher, Allison</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:07.65					1:08.85		1:29.45		1:15.45		2:36.63			



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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Fitzgerald, John</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:03.13					1:16.28		1:27.45		1:17.55		2:45.08			
G.I.L.L.S vs HF-11/16/09	Nov-16-09		1:03.40							1:28.18							
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09		1:04.84					1:17.47									
North Aquatics Club Tri Meet	Oct-22-09							1:16.98									
PASS vs. GILS	Oct-15-09							x1:20.49		x1:27.21							

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Fitzgerald, Kyle</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09		59.13									1:05.32					
2009 High School Events Invite	Dec-18-09											1:03.94		2:26.02			
NAC vs GILLS	Dec-17-09		57.11									1:03.53					
9th Annual LWSA Holiday Splash	Dec-11-09	25.57	57.53								2:47.20	1:03.90					
G.I.L.L.S 2009 Pentathlon	Nov-21-09		57.32					1:09.25		1:16.32		1:04.53		2:27.73			
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09		58.69									1:06.73					
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09									1:18.17		1:05.19					
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	26.08						1:11.31		1:16.89		1:04.66					
North Aquatics Club Tri Meet	Oct-22-09	26.41										1:06.29					
PASS vs. GILS	Oct-15-09											1:04.98		2:29.75			









**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Gannon, Mark</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	33.67													1:32.41		
G.ILL.S vs LWSA-12/22/09	Dec-22-09	35.93										45.76					
NAC vs GILLS	Dec-17-09	x35.37															
G.ILL.S 2009 Pentathlon	Nov-21-09	33.89										43.76					
G.ILL.S vs HF-11/16/09	Nov-16-09	x34.35				x43.78											
G.ILL.S vs POSA - 11/12/2009	Nov-12-09	x36.58				x46.06											
G.ILL.S vs RASC - 11/05/2009	Nov-05-09					x43.32			x54.44								
PASS vs. GILS	Oct-15-09														1:39.52		







**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Gomez, Jessica</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10					42.99						42.39					
G.ILL.S vs LWSA-12/22/09	Dec-22-09					41.54										1:31.48	
NAC vs GILLS	Dec-17-09					43.16										1:30.03	
9th Annual LWSA Holiday Splash	Dec-11-09	36.21					1:34.40			1:52.96		44.78					
G.ILL.S 2009 Pentathlon	Nov-21-09	35.64				40.58			49.55			40.39					
G.ILL.S vs HF-11/16/09	Nov-16-09	37.10														1:35.12	
G.ILL.S vs POSA - 11/12/2009	Nov-12-09					43.33										1:31.05	
G.ILL.S vs RASC - 11/05/2009	Nov-05-09					43.13										1:34.64	
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	37.82							52.43			44.24					
PASS vs. GILS	Oct-15-09					44.23										1:34.25	





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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Gurka, Mary Kate</b>		<b>25 Free</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>25 Back</b>	<b>50 Back</b>	<b>100 Back</b>	<b>25 Breast</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>25 Fly</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	
GI LSVs BBSC 01-14-10	Jan-14-10		42.45									23.48					
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09		40.13									23.20					
NAC vs GILLS	Dec-17-09	24.75					x52.09					23.59	54.47				
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09	19.96										26.13					
PASS vs. GILS	Oct-15-09		44.29									23.81					



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### Seasonal Spreadsheet Report

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Hoelzel, Jonathan</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10					41.05						42.48					
9th Annual LWSA Holiday Splash	Dec-11-09		1:18.51				1:33.10										
G.ILL.S 2009 Pentathlon	Nov-21-09	33.51				38.40			42.50			38.21			1:22.20		
G.ILL.S vs HF-11/16/09	Nov-16-09					38.52						40.74					
G.ILL.S vs POSA - 11/12/2009	Nov-12-09					39.96									1:22.03		
G.ILL.S vs RASC - 11/05/2009	Nov-05-09					39.17						38.31					
PASS vs. GILS	Oct-15-09											40.64			1:24.49		

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Hofer, Brett</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
NAC vs GILLS Dec-17-09						1:29.42										
9th Annual LWSA Holiday Splash Dec-11-09	36.66					1:28.99			1:44.75		41.23					
G.I.L.L.S 2009 Pentathlon Nov-21-09	36.23				42.34			47.83			41.53				1:29.97	
G.I.L.L.S vs HF-11/16/09 Nov-16-09	37.37				46.23											
G.I.L.L.S vs POSA - 11/12/2009 Nov-12-09	36.48							49.06								
G.I.L.L.S vs RASC - 11/05/2009 Nov-05-09								50.11							1:31.86	
PASS vs. GILS Oct-15-09															1:31.86	

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Hofer, Megan</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09							1:22.84				1:25.52					
2009 High School Events Invite	Dec-18-09							1:15.08							2:46.78		
NAC vs GILLS	Dec-17-09							1:15.45		1:25.24							
9th Annual LWSA Holiday Splash	Dec-11-09			2:28.25				1:15.41		1:26.40							
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:08.97					1:16.43				1:24.36		2:49.30			
G.I.L.L.S vs HF-11/16/09	Nov-16-09							1:16.80		1:25.93							
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09							1:16.55		1:24.96							
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09							1:16.44		1:26.01							
PASS vs. GILS	Oct-15-09							1:16.87		1:29.37							







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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Jannak, Jarun</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09	53.03															
NAC vs GILLS	Dec-17-09											1:09.25					
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09					x59.32											
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09														2:17.25		
PASS vs. GILS	Oct-15-09	46.62													2:23.24		



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**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

		50	100	200	500	1000	1650	100	200	100	200	100	200	200	400		
		Free	Free	Free	Free	Free	Free	Back	Back	Breast	Breast	Fly	Fly	IM	IM		
9th Annual LWSA Holiday Splash	Dec-11-09							1:19.30			3:13.75	1:22.36					







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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Kessler, Mandi</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10											40.19			1:30.73		
2009 High School Events Invite	Dec-18-09												1:33.85				
NAC vs GILLS	Dec-17-09	35.96										42.75					
G.ILL.S 2009 Pentathlon	Nov-21-09	35.34				41.01			48.98			40.37			1:30.87		
G.ILL.S vs HF-11/16/09	Nov-16-09	x36.03				43.47											
G.ILL.S vs RASC - 11/05/2009	Nov-05-09											48.98			1:35.21		

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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Knight, Lexy</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	35.25				44.17											
G.ILL.S vs LWSA-12/22/09	Dec-22-09	x34.60															
NAC vs GILLS	Dec-17-09	x35.09				42.98			x47.86								
G.ILL.S 2009 Pentathlon	Nov-21-09	35.71				47.90			48.31			45.54			1:36.79		
G.ILL.S vs HF-11/16/09	Nov-16-09	37.25							48.62								
G.ILL.S vs POSA - 11/12/2009	Nov-12-09	35.62										44.87					













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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Lettiere, Annamarie</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10							1:24.32							2:53.68		
G.ILL.S vs LWSA-12/22/09	Dec-22-09							1:31.17		1:30.75							
G.ILL.S 2009 Pentathlon	Nov-21-09		1:12.56					1:23.80		1:32.06		1:24.15		2:56.33			

















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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Martinez, Stella</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09	53.14															
G.I.L.L.S 2009 Pentathlon	Nov-21-09	1:04.65				1:08.10			1:05.32						2:34.19		

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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Mohaimani, Arya</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		53.34					59.33		1:08.61		59.91		2:11.62			
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09							x1:00.08		x1:07.83							
North Aquatics Club Tri Meet	Oct-22-09													2:12.62			

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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Munoz, Drew</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09								1:20.27							
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09								x1:20.97							

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Murphy, Aiden</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSVs BBSC 01-14-10	Jan-14-10	34.53										50.98					
G.ILL.S vs LWSA-12/22/09	Dec-22-09	x34.70				43.76											
NAC vs GILLS	Dec-17-09	x35.62															
G.ILL.S 2009 Pentathlon	Nov-21-09	34.33				46.30			54.20						1:35.81		
G.ILL.S vs HF-11/16/09	Nov-16-09	35.21															
G.ILL.S vs POSA - 11/12/2009	Nov-12-09								51.47								
G.ILL.S vs RASC - 11/05/2009	Nov-05-09					46.53						48.07					
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	35.39				44.40			52.09			52.42					
PASS vs. GILS	Oct-15-09	35.46										49.13					













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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Novaski, Rich</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09	36.62							45.10								
G.I.L.L.S 2009 Pentathlon	Nov-21-09	35.18				48.43			43.75			39.44			1:36.39		
G.I.L.L.S vs HF-11/16/09	Nov-16-09											43.86					
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09	36.18							47.03								
PASS vs. GILS	Oct-15-09								46.82			45.55					

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### Seasonal Spreadsheet Report

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>O'Brien, Megan</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	36.93				41.84											
G.ILL.S vs LWSA-12/22/09	Dec-22-09								x46.56						1:29.25		
NAC vs GILLS	Dec-17-09	x37.28							48.18			43.12					
G.ILL.S vs HF-11/16/09	Nov-16-09	35.25										40.16					
G.ILL.S vs RASC - 11/05/2009	Nov-05-09					41.54						38.82					
PASS vs. GILS	Oct-15-09								49.35						1:32.17		

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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Osty, Nick</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
G.I.L.L.S vs LWSA-12/22/09 Dec-22-09	31.46										39.58					
G.I.L.L.S 2009 Pentathlon Nov-21-09	30.96							42.12			38.00			1:24.33		
G.I.L.L.S vs HF-11/16/09 Nov-16-09	x32.59										38.04					
G.I.L.L.S vs POSA - 11/12/2009 Nov-12-09	32.30															
G.I.L.L.S vs RASC - 11/05/2009 Nov-05-09	31.09							43.49								
2009 LWSA Swim Your Own Age Sprint Oct-25-09	30.78				39.96			41.24			39.08					



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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Osty, Rick</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		55.70					1:08.52		1:13.93		59.70		2:19.64			
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09		54.42														
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09		x54.74														
North Aquatics Club Tri Meet	Oct-22-09											58.97					





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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Pappas, Mark</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
NAC vs GILLS	Dec-17-09	x42.16															
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09	x43.46				x58.80											
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09	x44.86				x58.50											
PASS vs. GILS	Oct-15-09	x46.00										1:18.37					



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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Plys, Nicholas</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	40.63															
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09														1:54.81		
NAC vs GILLS	Dec-17-09	41.33															
G.I.L.L.S vs HF-11/16/09	Nov-16-09											52.98					
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09	40.69										51.29					

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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Postupaka, Dasha</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
G.I.L.L.S vs HF-11/16/09 Nov-16-09											49.34			1:43.26		
G.I.L.L.S vs POSA - 11/12/2009 Nov-12-09	40.21										53.78					
PASS vs. GILS Oct-15-09											55.13			1:46.53		

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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Price, Brett</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:00.65					1:14.76		1:18.84		1:12.17		2:37.11			
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09									1:18.09							
North Aquatics Club Tri Meet	Oct-22-09									1:16.55							



**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Rissler, Colleen</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	36.64													1:31.94		
G.ILL.S vs LWSA-12/22/09	Dec-22-09	x37.82				45.67			x45.24								
9th Annual LWSA Holiday Splash	Dec-11-09														1:37.85		
G.ILL.S 2009 Pentathlon	Nov-21-09	37.25				45.68			46.18			44.59			1:33.00		
G.ILL.S vs POSA - 11/12/2009	Nov-12-09								x45.35			43.29					
G.ILL.S vs RASC - 11/05/2009	Nov-05-09								x45.06						1:33.79		
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	38.59				46.48			47.02			43.87					





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### Seasonal Spreadsheet Report

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Rohead, Taylor</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	35.33													1:24.58		
2009 High School Events Invite	Dec-18-09						1:19.60										
G.ILL.S 2009 Pentathlon	Nov-21-09	34.81				37.31			43.85			38.15			1:25.30		
G.ILL.S vs HF-11/16/09	Nov-16-09	x35.29										39.19					
G.ILL.S vs POSA - 11/12/2009	Nov-12-09					39.24									1:25.24		
G.ILL.S vs RASC - 11/05/2009	Nov-05-09					40.42						39.78					
PASS vs. GILS	Oct-15-09											40.07			1:31.05		

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### Seasonal Spreadsheet Report

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Sifuentes, Alison</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10		1:10.72												2:52.81		
G.ILL.S vs LWSA-12/22/09	Dec-22-09		1:08.73									1:26.03					
2009 High School Events Invite	Dec-18-09		1:08.07												2:49.17		
NAC vs GILLS	Dec-17-09		1:08.22												2:51.99		
9th Annual LWSA Holiday Splash	Dec-11-09			2:32.49						1:32.11							
G.ILL.S 2009 Pentathlon	Nov-21-09		1:10.40					1:22.60		1:33.73		1:28.53			2:58.09		
G.ILL.S vs HF-11/16/09	Nov-16-09							1:25.47							2:57.43		
G.ILL.S vs RASC - 11/05/2009	Nov-05-09		1:08.92												2:57.28		









**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Tamulonis, Anna</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10		1:02.05									1:09.13					
G.ILL.S vs LWSA-12/22/09	Dec-22-09		1:01.95											2:32.71			
2009 High School Events Invite	Dec-18-09			2:14.04								1:10.12					
NAC vs GILLS	Dec-17-09		1:00.18									1:08.33					
9th Annual LWSA Holiday Splash	Dec-11-09	27.31	59.82	2:13.10	5:59.13			1:10.62	2:33.34	1:22.20		1:07.50	2:33.26	2:29.06			
G.ILL.S 2009 Pentathlon	Nov-21-09		1:00.44					1:13.18		1:23.11		1:08.51		2:33.78			
G.ILL.S vs HF-11/16/09	Nov-16-09		1:00.63											2:36.08			
G.ILL.S vs POSA - 11/12/2009	Nov-12-09		1:01.69									1:08.34					
G.ILL.S vs RASC - 11/05/2009	Nov-05-09		1:01.98									1:10.11					
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	27.59						1:13.43		1:22.87		1:09.66					

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**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Tamulonis, Lindsey</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		57.75					1:08.55		1:16.15		1:12.21		2:25.50			

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Tamulonis, Michael</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10								1:15.96				2:26.93			
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09		59.41						1:16.06							
2009 High School Events Invite	Dec-18-09			2:07.73					1:14.74							
NAC vs GILLS	Dec-17-09								1:14.39				2:31.56			
9th Annual LWSA Holiday Splash	Dec-11-09	26.48	59.19	2:09.22	5:47.01		1:13.06		1:12.28	2:38.21						
G.I.L.L.S 2009 Pentathlon	Nov-21-09		58.65				1:14.35		1:12.47		1:10.49		2:28.15			
G.I.L.L.S vs HF-11/16/09	Nov-16-09								1:15.62							
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09		59.79						1:17.15							
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09										1:12.78		2:30.63			
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	27.34					1:15.78		1:16.86							
North Aquatics Club Tri Meet	Oct-22-09								1:19.06							



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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Tebo, Alicia</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
GILLS vs LWSA-12/22/09	Dec-22-09									1:18.98							
NAC vs GILLS	Dec-17-09		1:04.86							1:20.66							







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**Seasonal Spreadsheet Report**

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Valkenburg, Lorelei</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10		1:14.38							1:35.29							
9th Annual LWSA Holiday Splash	Dec-11-09	32.23	1:14.99							1:34.05							
G.I.L.L.S vs HF-11/16/09	Nov-16-09		1:14.39					1:27.90									
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09		1:15.10							1:35.84							

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Valkenburg, Mel</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10		1:00.06							1:32.45							
G.I.L.L.S vs LWSA-12/22/09	Dec-22-09											1:16.17		2:46.40			
2009 High School Events Invite	Dec-18-09	25.95	1:01.43														
NAC vs GILLS	Dec-17-09													2:43.14			
9th Annual LWSA Holiday Splash	Dec-11-09			2:20.75	6:29.08			1:11.74		1:27.82			3:04.91				
G.I.L.L.S 2009 Pentathlon	Nov-21-09		59.43					1:14.93		1:31.14		1:15.13		2:51.94			
G.I.L.L.S vs HF-11/16/09	Nov-16-09											1:22.63		2:48.41			
G.I.L.L.S vs POSA - 11/12/2009	Nov-12-09											1:15.62					
G.I.L.L.S vs RASC - 11/05/2009	Nov-05-09		1:01.82														
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	26.73						1:13.67		1:30.73		1:13.89					
PASS vs. GILS	Oct-15-09		1:03.74											2:50.37			

















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**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Walters, Alyssa</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:06.98					1:19.76		1:28.24		1:23.69		2:52.52			

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### Seasonal Spreadsheet Report

**Times since: 01-Oct-09 Times until: 14-Jan-10**

**Convert To: Yards Print: Yards**

<b>Walters, Chuck</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10									1:24.00							
G.ILL.S vs LWSA-12/22/09	Dec-22-09									1:25.06							
2009 High School Events Invite	Dec-18-09									1:21.96							
G.ILL.S 2009 Pentathlon	Nov-21-09		1:06.55					1:27.91		1:23.89		1:26.62		2:58.98			
G.ILL.S vs HF-11/16/09	Nov-16-09									1:24.69							
G.ILL.S vs POSA - 11/12/2009	Nov-12-09		x1:07.46							1:25.51							
G.ILL.S vs RASC - 11/05/2009	Nov-05-09									1:23.84							



**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Winston, Colin</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	33.69										44.48					
G.ILL.S vs LWSA-12/22/09	Dec-22-09					x42.20						39.42					
NAC vs GILLS	Dec-17-09	33.66										41.41					
9th Annual LWSA Holiday Splash	Dec-11-09		1:17.71				1:33.27		49.98								
G.ILL.S 2009 Pentathlon	Nov-21-09	34.82				43.44			52.89			43.00			1:38.56		
G.ILL.S vs HF-11/16/09	Nov-16-09	34.68				x43.24											
G.ILL.S vs RASC - 11/05/2009	Nov-05-09	x36.42							x54.28								
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	36.10				43.73			54.99			47.47					
PASS vs. GILS	Oct-15-09														1:44.14		

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Winston, Ian</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>50 Back</b>	<b>100 Back</b>	<b>200 Back</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	<b>400 IM</b>
GI LSvs BBSC 01-14-10	Jan-14-10	50.27				1:03.14											
G.ILL.S vs LWSA-12/22/09	Dec-22-09					1:03.18											
NAC vs GILLS	Dec-17-09	46.91				58.88											
9th Annual LWSA Holiday Splash	Dec-11-09		1:51.60			53.23											
G.ILL.S 2009 Pentathlon	Nov-21-09	48.44				53.82			1:08.26								
G.ILL.S vs HF-11/16/09	Nov-16-09	51.73				55.85											
G.ILL.S vs RASC - 11/05/2009	Nov-05-09					57.22											
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	46.66							1:03.94								
PASS vs. GILS	Oct-15-09					1:01.17									2:23.67		

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Winston, Kyle</b>		<b>25 Free</b>	<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>25 Back</b>	<b>50 Back</b>	<b>100 Back</b>	<b>25 Breast</b>	<b>50 Breast</b>	<b>100 Breast</b>	<b>25 Fly</b>	<b>50 Fly</b>	<b>100 Fly</b>	<b>100 IM</b>	<b>200 IM</b>	
GI LSVs BBSC 01-14-10	Jan-14-10	25.09				27.85											
G.ILL.S vs LWSA-12/22/09	Dec-22-09	22.22				x27.88						32.61					
NAC vs GILLS	Dec-17-09					26.46											
9th Annual LWSA Holiday Splash	Dec-11-09	22.27					57.84		33.27								
G.ILL.S 2009 Pentathlon	Nov-21-09	26.09	1:02.58			30.07						38.20					
G.ILL.S vs HF-11/16/09	Nov-16-09					32.62						45.84					
G.ILL.S vs RASC - 11/05/2009	Nov-05-09		1:02.53									42.55					
2009 LWSA Swim Your Own Age Sprint	Oct-25-09	28.86				28.02											
PASS vs. GILS	Oct-15-09	29.69										40.91					

**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Wojdyla, Andrew</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
GI LSvs BBSC 01-14-10	Jan-14-10		1:01.61					1:15.16									
G.ILL.S vs LWSA-12/22/09	Dec-22-09							1:14.37		1:26.75							
2009 High School Events Invite	Dec-18-09	27.26						1:14.25									
NAC vs GILLS	Dec-17-09							1:14.74									
G.ILL.S 2009 Pentathlon	Nov-21-09		1:03.33					1:14.25		1:26.35		1:16.66					
G.ILL.S vs HF-11/16/09	Nov-16-09		1:03.39					1:15.22									
G.ILL.S vs POSA - 11/12/2009	Nov-12-09							1:14.50									
G.ILL.S vs RASC - 11/05/2009	Nov-05-09		1:03.13					1:16.13		1:25.77							
PASS vs. GILS	Oct-15-09							1:15.55		1:25.77							

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**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Wojdyla, Kristian</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:01.12					1:14.03		1:16.74				2:45.62			



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**Seasonal Spreadsheet Report**

Times since: 01-Oct-09 Times until: 14-Jan-10

Convert To: Yards Print: Yards

<b>Wrobel, Abby</b>		<b>50</b>	<b>100</b>	<b>200</b>	<b>500</b>	<b>1000</b>	<b>1650</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>100</b>	<b>200</b>	<b>200</b>	<b>400</b>		
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>	<b>IM</b>		
G.I.L.L.S 2009 Pentathlon	Nov-21-09		1:04.80					1:11.58		1:28.37		1:22.98		2:43.61			



